

## Intent: What do we want children to learn?

PSHE and values education are at the heart of our school ethos and learning. Our PSHE curriculum aims to develop the whole child intellectually, morally, socially and spiritually in order to nurture rounded individuals with a strong sense of moral understanding and responsibility.

As a values-based school, every lesson is inspired by building the children in our five core values. Through assemblies and lessons, the children are taught about these core values: **resilience, bravery, support, aspiration** and **reflection**.

At Grange Junior School we offer a broad and balanced curriculum which promotes the spiritual, moral, cultural, mental and physical development of pupils at the school, in our community and amongst wider society. British Values are at the heart of all we do to support our children to become active and responsible citizens. We endeavour to prepare pupils at the school for the opportunities, responsibilities and experiences they will meet in later life in a holistic way which recognises and respects diversity, inclusion and wider social issues.

## What PSHE looks like at Grange Junior School...

Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each academic year.

Every Piece has two Learning Intentions: one specific to PSHE (including Relationships and Health Education) and the other designed to develop emotional literacy and social skills.

As part of our lessons, we include a mindfulness session, entitled 'Calm Me', pause points to promote time for thought, questions and reflections too. At the end of each session, a class member is nominated for a focused area which promotes their role in the classroom.

## PSHE in a Nutshell



## Grange Junior School



## Implementation: How do we do it at Grange Juniors?

We use the Jigsaw scheme of work which was updated to meet the DfE statutory guidance for Health education, relationships education and RSE.

This scheme follows the key themes of:

**Autumn 1:** Being Me in My World  
(including Black History Month)

**Autumn 2:** Celebrating Difference  
(including Antibullying)

**Spring 1:** Dreams and Goals

**Spring 2:** Healthy Me

**Summer 1:** Relationships (including Sex Education)

**Summer 2:** Changing Me

## Impact: On leaving Grange Junior School children will...

Our approach to PSHE results in the development of children's values in order for them to become positive citizens in a forever changing community. We ensure that through a rich curriculum that relates to their own lives and others around them, children can understand their own role at school and in society. Children develop a curiosity of the world around them and how they can impact this positively, leading to personal and social growth that incorporates a solid understanding of how to keep healthy and be responsible for ourselves and others.