



Life Cycle UK – Bikeability Level 2 Parental Letter

We are delighted to be able to offer our Year 6 pupils Bikeability level 2, on-road cycle training.

The course is funded by Swindon Borough Council and delivered by Life Cycle UK. Places are limited and will be allocated on a **first come first served** basis. Please return form by Friday 20th January to the school office.

Your child will need a roadworthy bicycle to take part. They will be riding on-road, with qualified instructors and must be able to cycle already; it is **not** a beginners course.

Your child will learn to ride safely and responsibly; share the road with others and manage risks when cycling. Sessions will take place on quiet roads with a maximum group size of 12.

The course dates are: **March 2023 – School will confirm exact dates once groups have been allocated.**

Please make sure your child comes to school with:

- Roadworthy bike – See safety check details below.
- Helmet - if required.
- Weather appropriate clothing (raincoat, gloves, sunscreen etc)
- Water bottle
- Lock – Depending on the school (Bikes are to be locked in the bike shed on arrival at school.)

What to do now:

- **Keep this page for your information.**
- Complete and return the attached following page to school by: **Friday 20th Jan 2023 latest. Please note school will not be able to process late applications.**
- Check your child's bike in advance and fix any problems.
- You can use the diagram below for guidance.
- Please remember to pump up tyres and to make sure the bike has a front and rear working brake.

Pre-course bike safety check

Visit Halfords online safety check www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check

Remember your...

A

AIR

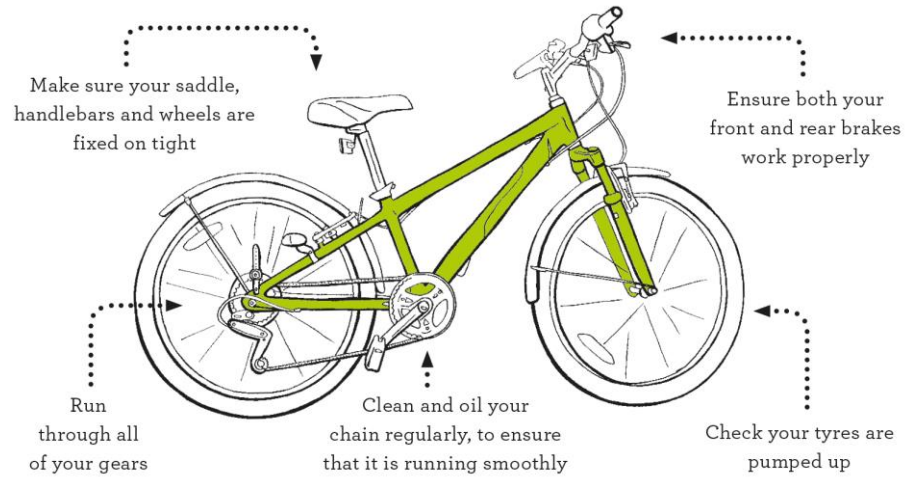
B

BRAKES

C

CHAIN

before every ride





Life Cycle UK – Bikeability Parental Consent Form

Level 2	Age:	Gender:
Child's Name:	Class:	
Your Name:	School:	
Your Email:		

I am the parent / legal guardian of the child I am registering, and give my consent for them to participate in cycle training provided by Life Cycle UK. I understand that:

1. My child must have a roadworthy bike to participate.
2. Training will take place in public spaces and on public roads.
3. Life Cycle UK is not liable for any injury, loss or damage to persons or property before or after the session including on journeys to and from the venue.
4. Completion of the training session does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice.
5. I accept that the instructors may at any time refuse to continue to train my child if their behaviour or ability level is deemed to be unsuitable.
6. It is my responsibility to decide if my child should wear a helmet. Unless school policy states otherwise. If my child does not wear one, Life Cycle UK will not be liable for the results of any injury that may have been prevented by the wearing of a helmet.

Does your child have special educational needs, physical needs or need support with behaviour? **Yes/No**

Does your child have any medical conditions we should be aware of? **Yes/No**

If yes to either of the above, please give details:

Signed: _____ **Date:** _____